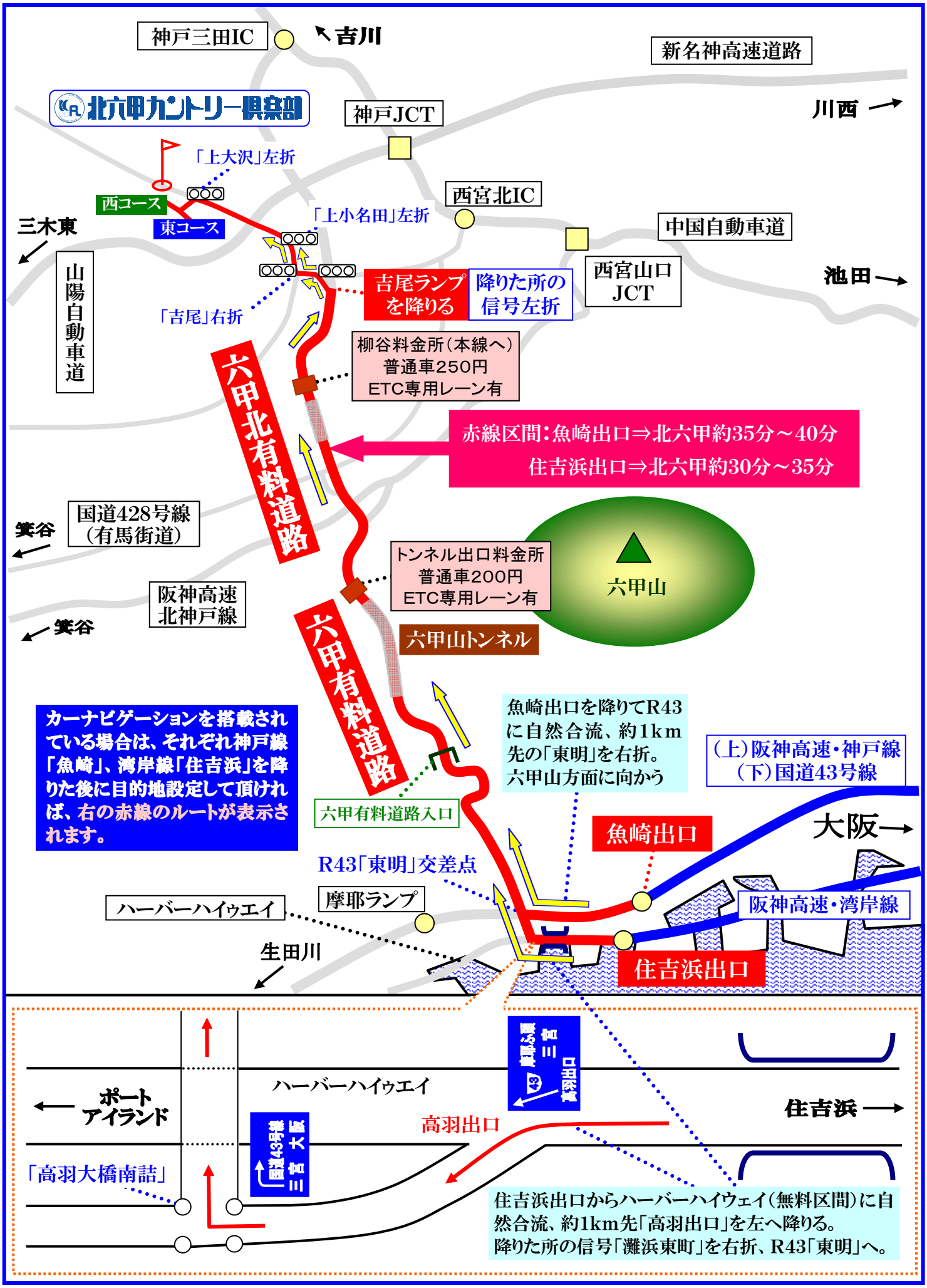中国自動車道混雑時　大阪方面からの抜け道MAP